

IVY LEAGUE

Allstars

INFORMATION GUIDE

2024

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WELCOME TO

IVY LEAGUE

The logo for Allstars is written in a black, cursive script. It is positioned over the word 'IVY' in the 'IVY LEAGUE' title, with a large, stylized 'A' that extends across the 'IVY' and 'LEAGUE'.

AN INTRO TO CHEER & DANCE

The fields of Allstar Cheerleading and Dance combine both the discipline and competitive nature of international sport, with the expression and heart that only performance can achieve. These two artforms are often intertwined, and so classes in both disciplines are offered at **Ivy League**.

CHEERLEADING

Cheerleading involves an array of stunts, tumble, jumps and dance. Training teams for these classes also include physical conditioning and team bonding exercises.

DANCE

Ivy League offers a range of dance classes such as Jazz, Pom, Hip Hop, Contemporary, Ballet, and Tap - all with a focus on perfecting technique in a nurturing environment.

So, why choose **IVY LEAGUE?**

At **Ivy League Allstars**, we strive to always Succeed With Dignity. We encourage our students to be well-rounded in all aspects of their life. We highlight the importance of family and positive relationships, aiming to provide an innovative, safe, and enriching environment.

As a Studio, we aspire to be at the forefront of emerging technique and skills. All of our coaches and teachers are highly trained and regarded in their fields. They are also active students in their chosen pathways - because there is always more room for growth!

Ivy League Allstars is led by **Director Karina Canete**. A dedicated student herself, Karina brings with her 17 years of experience across both Cheer and Dance. As a fully qualified teacher, she holds a Bachelor of Arts, and a Masters of Teaching from Western Sydney University.

Credentialed to Level 6, with Judging Accreditation, Karina has had previous experience as a Director of Cheer for a local gym. She has won numerous National and International titles (both as a coach and as an athlete), has coached Summit, Pinnacle and other bid winning teams, and has competed at NDA in Dallas, Texas. Alongside her team, she claimed AASCF National Grand Champions in 2020, AASCF NSW State Grand Champions, and CheerBrandz Nationals Grand Champions in 2022.

Karina is also the proud business owner of **Ivy League Tutoring**, a program dedicated to ensuring an individualised approach to learning that recognises that every student learns differently. A mindset that she also adopts within the studio.

There's more?!/

- Reward Systems to celebrate achievements, both at the studio and at school.
- Teachers with both National and International first place titles, and university qualifications.
- Term Reports provided at the end of Terms 1 and 3.
- Seminars, Masterclasses and other educational opportunities.
- Affordable packages for families.
- Innovative studio, paving the way for future growth.
- An environment and experience, unlike anything else in Western Sydney.
- One of the largest Cheer & Dance venue in Western Sydney & the Blue Mountains.

Director's note



A MESSAGE FROM KARINA

At **Ivy League**, our team has a life goal to inspire others and help them to constantly strive to be the best versions of themselves. Not just in cheer and dance, but in all aspects of their lives.

We are inclusive of all people, and celebrate their achievements no matter how big or small.

A wise person once gave us valuable advice, "Succeed with Dignity." This motto reminds us to work hard for success, but remain humble, respectful and kind. We will instill this mentality to all our students, and create a family that is ready to embark the world.

Karina



OUR MISSION

Our mission at **Ivy League Allstars** is to provide a safe environment in which our students can learn to be adaptable, inclusive and open to new opportunities and growth.

To foster a community in which those who bear our shield continually strive to improve themselves, wherever their passions lie, in order to achieve possibilities not yet reached by others.



OUR MOTTO

The **Ivy Shield** is a visual reminder of our motto. It is clear, empty, and open, ready to welcome new opportunities and experiences.

When you wear the Ivy Shield, you embody our mission and can achieve possibilities not yet reached by others. You can **Succeed With Dignity**.

Join **THE BEST**

Competition teams give you the true Allstar experience, placing you amongst the best of the best. Joining a *Competition League* team at **Ivy League Allstars** has many benefits:

- Close, tight-knit relationship with your teammates.
- Stronger friendships, often life-long.
- Growth in confidence for performance in front of a crowd.
- Develop skills for future or current careers:
 - Punctuality.
 - Presentation.
 - Hard work & dedication.
- Increased fitness and technique & much more!

Learn **FROM THE BEST**

Ivy League Allstars is lead by **Director Karina Canete**. A dedicated student herself, Karina brings with her 17 years of experience across both Cheer and Dance. As a fully qualified teacher, she holds a Bachelor of Arts, and a Masters of Teaching from Western Sydney University.

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Karina is also the proud business owner of **Ivy League Tutoring**, a program dedicated to ensuring an individualised approach to learning that recognises that every student learns differently. A mindset that she also adopts within the studio.

Become **THE BEST**

Under the guidance of Karina and her team of teachers, we encourage students to bear the Ivy League Shield, uphold our mission, and **Succeed with Dignity**; becoming the very best version of themselves in the process.

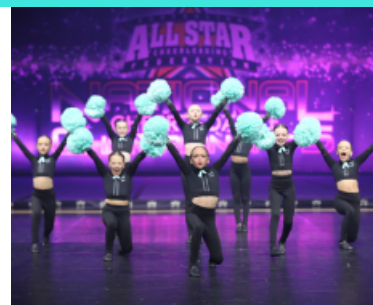
PATHWAYS FOR

everybody

Ivy League Allstars' mission recognises that every student learns differently, and everybody walks their own path in life and education. We offer a range of options to help cater to all ages and experience levels. Pick the pathway that best suits your experience, your timetable or your goals at **Ivy League**.

COMPETITIVE

For those who want the full **Allstar** experience. Hone your skills as you *Learn from the Best*. Our teachers, who have led their teams to National titles, National Grand Champion titles, Pinnacle Bids & International Bids will help guide you as you compete across the calendar year. This pathway is perfect for athletes who are fully committed to their craft and wish to **Succeed with Dignity**.



SEMI-COMPETITIVE

Our CheerStars & DanceStars pathways are suitable for those who want a taste of competitive cheer & dance in a fun, easy and affordable program. This class follows recreational rates with the benefits of competitive cheer. We also run development teams through the CheerSPORT program as a fun and safe way to level up your Allstar cheer skills.



RECREATIONAL

Our recreational pathway is inclusive and fun - without the added pressure of Allstar competitions. We offer classes for all ages and across many styles and genres. It's a great way for students to stay fit and healthy, while expressing themselves through a creative outlet. Dance because you love it!



THE IVY LEAGUE *curriculum*

Ivy League Allstars' mission recognises that every student learns differently, and everybody walks their own path in life and education. We offer a range of classes to help cater to all ages and experience levels. Pick the pathway that best suits your experience, your timetable or your goals at Ivy League.

	CLASS/PROGRAM	RECREATIONAL	COMPETITIVE	SEMI-COMPETITIVE
DANCE	Jazz	●	●	DanceStars
	Contemporary / Lyrical	●	●	DanceStars
	Pom	●	●	DanceStars
	Hip-Hop	●	●	DanceStars
	Ballet	●	-	-
	Tap	●	-	-
	Technique Classes	●	●	-
CHEER	Novice	-	●	-
	Allstar	-	●	-
	Semi-Comp Cheer	-	CheerStars Dev. Teams	CheerStars
	Tumble	●	●	-
	Flyer	●	●	-
	Conditioning	●	●	-
PREPARATORY	Dance	●	-	-
	Ballet	●	-	-
	Cheer	●	-	-

COMPETITIVE Pathways

ALLSTAR

Compete with the best of the best in our **Allstar** teams. Students who take the Allstar Pathway compete in Levels 1 and up for Cheer, and at a higher skill level for Dance.

Ivy League Allstar students must be hardworking, dedicated, humble, positive and willing to go above & beyond to perfect their craft.

Average weekly commitment:

CHEER 3-4 HOURS PER WEEK

DANCE 1-1.5 HOURS PER WEEK

NOVICE

Our **Novice** teams are just as hardworking and positive as our Allstar teams, but their skills are not as extreme, providing for a less stressful and physically demanding environment for our athletes. Novice teams will work on being highly competitive while still enjoying the process with their friends.

Average weekly commitment:

CHEER 2 HOURS PER WEEK

DANCE 1-1.5 HOURS PER WEEK

CHEERSTARS/DANCESTARS

Our **Semi-Competitive League** is a great way for athletes to ease into the Allstar Cheer/Dance world. Fees are lower, uniforms are more affordable, and the teams only need to commit to two to three competitions throughout the year.

Average weekly commitment:

CHEER 1-1.5 HOURS PER WEEK

ALL-ABILITIES

Our **All-Abilities** program has paved the way for our CheerAbility and DanceAbility athletes - regardless of their age. Our incredibly successful CheerAbility teams (including one of the country's first Level 2 Unified teams) are looking to defend their National Champion titles, with hopes to expand that effort to DanceAbility & Independent teams.

Average weekly commitment:

CHEER 1-2 HOURS PER WEEK

FEES *and* PACKAGES

JOIN A LEAGUE — — OF YOUR OWN

Ivy League Allstars offers a range of packages designed to help you get the best value and savings from your tuition.

Recreational and Competitive fees start from \$15 per week. Optional add-ons such as Homework Club, Tumble Privates, Dance Doubles or Stunt Groups are also available.

Our Competition packages are split into four tiers, based on the number of teams and classes required by a student across both the Cheer and Dance disciplines.

Refer to our **Competitive League Packages** (page 13) for a detailed breakdown on inclusions, pre-requisites and prices.

All **Ivy League Allstars** class fees are based on an average 10 week school term. Classes/Term structures are subject to change at the discretion of **Ivy League Management**, and may include a combination of alternative workshops, classes and online learning environments. With the aim to help accommodate a variety of learning styles and opportunities for our athletes, this allows more flexibility for development during times of unexpected circumstances outside of our control (especially in regards to the ongoing effects of COVID-19).

ENROLMENT FEES

RECREATIONAL LEAGUE	\$80
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COMPETITIVE LEAGUE	\$120
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The annual enrolment fee includes a gym levy, music licensing rights, public liability and athlete insurance as well as an **Ivy League Allstars Class of 2024** team t-shirt.

PACKAGE OPTIONS

IVY	IVY LEAGUE	\$90 P/W
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FT	FULL TIME	\$75 P/W
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PT	PART TIME	\$65 P/W
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C	COMPETITIVE	\$15 P/H
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RECREATIONAL

League

Our recreational pathway is inclusive and fun - without the added pressure of Allstar competitions. We offer classes for all ages and across many styles and genres. It's a great way for students to stay fit and healthy, while expressing themselves through a creative outlet. Dance because you love it!

RECREATIONAL	PRICE PER WEEK
Up to 1 hour	\$15
Up to 2 hours	\$28
Up to 3 hours	\$39
Up to 4 hours	\$48
Up to 5 hours	\$55
Unlimited	\$60

Features

- Ivy League Allstars' Recreational Program provides fun classes for everyone.
- Available to students of all ages (Pre-School to Adult).
- Affordable prices.
- Wide range of genres to choose from.

Family DISCOUNTS

HAVE FAMILY MEMBERS ENROLLING WITH YOU?

Take advantage of our family discounts!
Get **5% off** individual fees for each additional student after the first child within the same immediate family.

SEMI-COMPETITIVE *League*

Our CheerStars and DanceStars pathways are suitable for those who want a taste of competitive cheer in a fun, easy and affordable program. These classes follow recreational rates with the benefits of competitive cheer. We also run development teams through our CheerSPORT programs as a fun and safe way to level up your Allstar skills.

SEMI-COMPETITIVE	PRICE PER WEEK
Up to 1 hour	\$15
Up to 2 hours	\$28
Up to 3 hours	\$39
Up to 4 hours	\$48
Up to 5 hours	\$55
Unlimited	\$60

Features

- Low-pressure taste of the competitive environment with less training sessions, for a better life balance.
- Lower fees and cheaper uniform costs.
- Our CheerSPORT program claimed **CheerBrandz Super National Grand Champions** 1st & 2nd place in 2022 (that's the two highest scoring teams in Aus & NZ) - so you know you're learning from the best!

Please Note: Any athlete who wishes to participate in both Semi-Competitive & Competitive League programs, are required to follow the Competitive League rates/packages (page 14).

Introducing **IVY LEAGUE PREPARATORY**

Our Ivy League Preparatory program is an affordable, nurturing and fun way to introduce pre-school aged children (2-5 years old) to the foundations of ballet, dance and cheer. Prices start at \$15 per week.



COMPETITIVE *League*

For those who want the full Allstar experience. Hone your skills as you Learn from the Best. Our teachers, who have led their teams to National titles, National Grand Champion titles, Pinnacle Bids & International Bids, will help guide you as you compete across the calendar year. This pathway is perfect for athletes who are fully committed to their craft.

	IVY LEAGUE	FULL-TIME	PART-TIME	COMPETITION
INCLUSIONS				
Cheer (Included classes)	Unlimited*	1 team	1 team	<p>All Competition Tier classes are charged at a rate of \$15 p/hour, regardless of type.</p> <p>Upgrade to a tiered package for a saving of \$10 a week!**</p>
Dance (Included classes)	Unlimited*	2 teams	1 team	
Tumble (Pre-requisite classes)	Unlimited*	1 class*	1 class*	
Conditioning or Flyer (Pre-requisite classes)	Unlimited*	Unlimited*	1 Conditioning OR Flyer class	
Dance Technique or Ballet (Pre-requisite classes)	Unlimited*	1 hour	1 Dance Technique OR Ballet class	
Homework Club (Group Tutoring classes)	Unlimited*	N/A	N/A	

* Excludes Privates, Doubles and Stunt.
 ** Compared to 5 classes a week at \$15 p/hour.
 * Subject to class availability & skill level.

GREAT VALUE

Ivy League Package students often enrol in 2 Cheer teams, 4 Dance teams, Tumble, Conditioning, Ballet, and Tap classes plus 2 hours of Dance Technique. That's **20 hours** of classes for a great price!

COMPETITIVE *League*

Competitive League athletes are expected to meet minimum ability levels, by developing core skills and techniques. This allows for a competitive performance and a strong basis for future growth in their desired pathway or genre. Please refer to the table below for the pre-requisites for each genre of class offered at Ivy League Allstars.

PRE-REQUISITES		CLASS DURATIONS
Jazz	1 Ballet class OR 3 Dance Technique classes	Allstar Cheer Teams ranges from 2.5-4 hours
Contemporary	1 Ballet class OR 3 Dance Technique classes	Allstar Dance Teams 1-1.5 hours
Pom	1 Pom Technique class AND 1 Dance Technique class	Novice Cheer Teams 2 hours
Hip-Hop	1 Hip Hop Technique class AND 1 Conditioning class	Novice Dance Teams 1-1.5 hours
Tiny/Mini (Jazz / Contemporary)	1 Ballet class	CheerStars & DanceStars 1-1.5 hours
Tiny/Mini (Pom / Hip Hop)	1 Tiny/Mini Dance Technique class	Technique Classes 30 minutes
Cheer	1 Tumble class AND 1 Flyer class (for flyers) OR 1 Conditioning class (for bases/backspots & tumblers)	Tiny/Mini Technique Classes 45 minutes



IVY LEAGUE PREPARATORY School

IVY LEAGUE PREP	PRICE PER WEEK
Up to 1 hour	\$15
Up to 2 hours	\$25
Up to 3 hours	\$30

Features

- All preschool classes are 1 hour each.
- Programs are offered in Ballet, Dance and Cheer.

BALLET

Our Preparatory Ballet Program sets the foundation for our tiny ballerinas to develop beautiful technique.

Requirements: Ballet shoes, and the Ivy League Preparatory Ballet Uniform, which will also be worn at the End of Year Showcase.



DANCE

Our Preparatory Dance Program allows our dancers to try a range of genres. It includes jazz, tap, hip-hop and more.

Requirements: Jazz and Tap shoes. The Ivy League training uniform is Highly Recommended.



CHEER

Our Preparatory Cheer Program is a fun way to prepare our youngest cheerleaders for the Allstar world. They will learn to tumble, jump, dance and stunt.

Requirements: Sports shoes (cheer shoes are available for order). The Ivy League training uniform is Highly Recommended.



TUMBLE CLASSES

FROM \$15

All of our tumble classes are semi-private with a maximum of 6 students. Each class runs for 30 minutes. Students will be graded into classes based on their demonstrated skills and abilities. Tumble classes are included in our [Part Time](#), [Full Time](#) and [Ivy League](#) Competition packages (page 4), but are also available to all students from \$15 per class.



PRIVATE CLASSES

	PER STUDENT	HALF-HOUR	\$25
DUO	PER STUDENT	HALF-HOUR	\$20
TRIO	PER STUDENT	HALF-HOUR	\$15

Private classes run for 30 minutes and are offered with a discount for duo or trios.



DANCE DOUBLES

All of our Dance Double classes run for 30 minutes and cover a range of dance styles. Those wishing to compete in dance doubles are invited to express their interest during tryouts. Students will be selected after this period.

	PER STUDENT	HALF-HOUR	\$25
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STUNT GROUPS

All of our Stunt Groups run for 30 minutes and are graded based on their demonstrated skills and abilities. Those wishing to compete in stunt groups are invited to express their interest during tryouts. Students will be selected after this period.

	PER STUDENT	HALF-HOUR	\$15
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IVY LEAGUE HOMEWORK Club

At Ivy League, we have a strong belief in helping our students excel in all aspects of their lives - from in the studio, to the classroom and everywhere in between. That's why we offer group tutoring sessions to allow students to utilise their dance breaks effectively. Homework Club is an affordable optional extra that provides 30 minute group tutoring sessions with nurturing tutors in partnership with Ivy League Tutoring.

HOMEWORK CLUB	PRICE PER WEEK
1 lesson	\$15
2 lessons	\$25
Unlimited	\$30

Features

- Each lesson is 30 minutes long.
- Sessions utilise the break between dance/cheer classes.
- Affordable prices.



Private Tutoring is also available to all students in partnership with Ivy League Tutoring. Contact our friendly tutors for a quote:



tutor@ivyleague tutoring.com.au



0403 269 260



PRIVATE TUTORING

Want something a little more personal? Private one-on-one tutoring sessions are also available in partnership with Ivy League Tutoring.

- 1 Hour Sessions
- Pre-School through to University
- Covers all curriculum subjects
- Flexible Arrangements - *At the studio, Penrith Library, or in your home*



STUDIO FACILITIES

Ivy League Allstars occupies the largest Cheer & Dance facility in Western Sydney & the Blue Mountains, boasting a range of quality amenities:

- Full competition-sized sprung cheerleading floor.
- Full competition-sized sprung dance floor.
- Large sprung recreational dance floor.
- Tumble space.
- Dedicated tutoring classroom known as **The Library**.



IVY LEAGUE
COMMUNITY Service

— Good deeds should be done with intention, not for attention.

In addition to our regular classes, regular community service events will be offered to students and staff. Participation is not compulsory for students but your involvement and support will be greatly appreciated, by both Ivy League and the wider community. In line with our studio mission and motto, many of these acts of service will not be publically advertised. The focus is, and should always be, on those in the community of whom we are supporting. We ask that students also respect this, and approach our charitable events with humility and respect.

ACTIVE KIDS VOUCHERS

The NSW Government is helping kids get out and out about, and amongst the arts, with their Active Kids and Creative Kids programs. Eligible parents, guardians and carers can use their Active and/or Creative Kids vouchers to help cover a portion of registration fees throughout the year. Please notify Ivy League Reception if you would like to apply these vouchers to your accounts.

PAYMENT OPTIONS

PAYMENT OPTION	FULL TERM (UPFRONT)	HALF TERM (WEEK 1 & 5)	FORTNIGHTLY (EVERY ODD WEEK)
Cash	●	-	-
Electronic Bank Transfer	●	-	-
Visa/Mastercard	●	-	-
Direct Debit (via agreement)	●	●	●

Note: All EFTPOS & Credit Card payments incur a transaction fee. Set up, Instalment and Default fees apply for Direct Debit arrangements. Fees may vary and are dependant on account type. Additional fees may be charged by your banking provider.

LATE PENALTIES & DEFAULTS

Direct Debit Agreements

Instances of non-payment within Direct Debit agreements will be charged at \$25/per instance. An additional fee of 10% per week that a payment is late will be added to following invoice (based on the balance owing). As per the [Ivy League Allstars](#) Parent/Guardian Agreement, failure to meet payments could result in your child not being able to perform or remain as a student at [Ivy League Allstars](#).

Invoiced Items & Upfront Fees

Full payment is required within 14 days of issue. Failure to do so will incur a 5% surcharge per week overdue. An overdue invoice of 30 days or more will result in the termination of an athletes' access to [Ivy League Allstars'](#) services.

Please Note:

Uniforms, merchandise and other goods will only be provided when full payment has been received, unless otherwise agreed upon by [Ivy League Management](#). Any and all fees associated with Debt Collection will be at your own expense.

LOCKERS NOW AVAILABLE!

HIRE BY TERM OR YEARLY

\$25 PER TERM OR \$75 PER YEAR

LIMITED LOCKERS AVAILABLE - TERMS APPLY

LOCKER HIRE

Locker Hire

Ivy League Allstars has a limited number of lockers available to students for hire on a term-by-term or yearly basis. These can be organised through reception at enrolment, depending on availability.

Costs

- \$5.00 key bond (refunded at the end of the hire period, provided the key is returned and locker is in good condition) PLUS
- \$25.00 a term for term-by-term basis. OR
- \$75.00 a year for all 4 terms of one school year.

That's a whole term free for hiring for the entire year!

Terms and Conditions apply. Fees for lost keys apply. Limited lockers available and are offered on a first come, first served basis. Contact Reception for details.

CONTACT *us*

GET IN TOUCH

Enrolments for the Class of 2023 open on December 17th, 2022.

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	EMAIL	admin@ivyleagueallstars.com.au
	WEBSITE	ivyleagueallstars.com.au

FOLLOW OUR JOURNEY

	FACEBOOK	/ivyleagueallstarspenrith
	INSTAGRAM	@ivyleague.allstars
	TIK TOK	@ivyleague.allstars

